

## Best beauty buys

Our top five safe and soothing beauty products for pregnancy

For a direct link to the beauty products shown here, go to [fitpregnancy.com/tothisissue](http://fitpregnancy.com/tothisissue).



**1. Bum troubles?**  
Earth Mama Bottom Balm, \$15, soothes and helps heal prenatal and postpartum irritations.

**2. Tired tootsies?**  
Erbaorganics Mommy-to-be Foot & Leg Refresher, \$15, contains peppermint and aloe to reduce swelling.

**3. Dry skin?**  
Mambino Organics Youth Glow Omega Face Complex, \$26, has a blend of oils to keep skin dewy.

**4. Itchy belly?**  
Mama Mio Tummy Rub Butter, \$35, soothes dry, tight skin with shea butter and natural oils.

**5. Sore breasts?**  
Mustela Specific Support Bust, \$25, combats stretching-induced pain with calming calendula.